**AL-FARABI KAZAKH NATIONAL UNIVERSITY**

**THE FACULTY OF PHILOSOPHY AND POLITOLOGY**

**Department of General and Applied Psychology**

Education program of specialty “6M050700 – Management РУДН”, “6M020200 – International Relations”, “6M072100 – Chemical Technology of Organic Substances”, “6M074000 – Nanomaterials and Nanotechnologies”, “6M070800 – Oil-Gas Work”, “6M052000 – Business Administration”, “Sociology – 6M050100

# Approved

At Academic council of faculty

The report №

* . .2017-

**The dean’ of faculty**

Doctor of philosophy, professor,

Massalimova A.R.

**SYLLABUS**

On discipline

**“Psychology”**

2 course, 3 credits, elective course

Almaty - 2017

Considered and recommended at the meeting of General and Applied Psychology On 24.08.2017, Protocol N 1

Methodical Bureau confirmed on 25.08.2017.

***Lecturer:*** Professor, higher doctor of psychological sciences

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***Practical studies:*** Professor, higher doctor of psychological sciencesDuisenbekov D.D.

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▪ **The brief description of the course:** Content of the discipline "Psychology" is aimed to studying basics of general psychology that are necessary for training specialists of mastership degree in the system of higher education. The main thesis of the discipline is a human being as personality and individuality and doer of cognitive, learning and communicative activity.

▪ **The purpose of the course:** The aim of course is to conduce students to acquire basic knowledge of psychology for applying them in their life and for development of their professional potential.

▪ **Tasks of a course:** 1) studying scientific views, different approaches and achievements of modern psychology; 2) forming up students’ abilities of psychical phenomena analysis in various spheres of human activity; 3) working out skills of psychological self-cognition, self-control and effective communication; 4) handling of practical methods of psychology; 5) further development of students’ of personal growth and improvement of their personality.

▪ Results of study:

– system knowledge of modern psychology problems; – abilities to analyze of theoretical issues of modern psychology; – understanding historical and modern approaches of psychology development ; – ability to apply outcomes of psychological studies in professional activity.

▪ **General competences:**

**Instrumental competences:**

– to be able to comprehend scientific issues and tasks of modern psychology;

– to be able to consider determinants of psychological problems and their outcomes;

– skills of working with psychological information (ability to take and analyze information from various sources).

**Interpersonal competences:**

– to know theories of communication and feature of interpersonal communication

– to be able to work in team; to have interpersonal skills;

– to know essence of speech communication and its structure.

**The system competences:**

– to be able to operate with time;

– to be able to put knowledge into practice;

– To have ability to generation of new ideas, creativity;

– ability to leadership;

– ability to work independently.

**Subject competences:**

– competences to solve psychological problems and application of this knowledge in practice;

– possibilities of application of an methodological psychological problem and to do exhaustive written and oral presentations.

**Prerequisites:** while **s**tudying of psychology mastership students should have know "Introduction to basics of psychology", "Philosophy" and etc.

### Postrequisites: This discipline closely connected with oncoming pedagogical practice in high school and fulfillment of corresponding psychological tasks.

**STRUCTURE, VOLUME AND CONTENT OF DISCIPLINE**

|  |  |  |  |
| --- | --- | --- | --- |
| **week** | **The theme** | **Hours** | **Points** |
| **Thematic block \*\* I – Development of Psychology, Structure of Psychological Phenomena** | | | |
| **1** | Lecture 1 Methodological problems of psychological science | 2 | 1 |
| Practical lesson 1 Main stages of psychology history and its basic paradigms | 1 | 5 |
| 1 Theme of Self-work (SRD) analyze theoretical background of modern psychology | 1 | 6 |
| **2** | Lecture 2 Origin and development of psyches in phylogeny | 2 | 1 |
| Practical lesson 2 Essence of evolutionary approach to understanding of psyches’ origin and leveled development | 1 | 5 |
| Theme of Self-work (SRD) Describe stages of psyches development (A.N. Leontyev). | 1 | 6 |
| **3** | Lecture 3 Human cognitive activity (psychical processes – sensation, perception, memory, thought, imagination) | 2 | 1 |
| Practical lesson 3 Human cognitive development | 1 | 5 |
| Theme of Self-work (SRD) Analyze theoretical background of cognitive psychical processes | 1 | 6 |
| **Thematic block \*\* II – Individuality, Personality and Social Issues of Psychology** | | | |
| **4** | Lecture 5 Psychical states and human regulative activity | 2 | 1 |
| Practical lesson 4 Analysis of human needs, emotions and motives | 1 | 5 |
| Theme of Self-work (SRD) Self-regulation phenomena of human activity | 1 | 6 |
| **5** | Lecture 5 Methodological analysis of activity and personality issues in psychology | 2 | 1 |
| Practical lesson 5 Interrelations between activity, consciousness and personality. | 1 | 5 |
|  | Theme of Self-work (SRD) Analyze research papers on theme "Activity and personal growth" | 1 | 6 |
| **6** | Lecture 6 Issue of communication in psychology | 2 | 1 |
| Practical lesson 6 Structure and forms of human  communication | 1 | 5 |
| Theme of Self-work (SRD) Analyze the role of inter-personal communication in personality and group relations development | 1 | 6 |
| **7** | RC 1 |  | 17 |
| **Total** | |  | **100** |
| **8** | Lecture 8 Natural sources of individual-psychological differences between persons. | 2 | 1 |
| Practical lesson 8 Analysis of natural and social sides of human individuality. | 1 | 5 |
| Theme of Self-work (SRD) Reveal genotype and phenotype inter-connection in the structure of human individuality. | 1 | 6 |
| **9** | Lecture 9 Historical pre-determinants and bases of temperament study in psychology. | 2 | 1 |
| Practical lesson 9 Different approaches in studying temperament types and features. | 1 | 5 |
| Theme of Self-work (SRD) Describe theories of distinguishing temperament types ( I. Pavlov, E. Kretchmer, W. Sheldon, V. Nebylitsyn, W. Merlin). | 1 | 6 |
| **10** | Lecture 10 Notion and theories of character in psychology. | 2 | 1 |
| Practical lesson 10 Development of character features through activity. | 1 | 5 |
| Theme of Self-work (SRD) Symptom complexes of character analysis. | 1 | 6 |
| **11** | Lecture 11 Issue of ability in general psychology | 2 | 1 |
| Practical lesson 11 General and special abilities | 1 | 5 |
| Theme of Self-work (SRD) Applying in practice communicative and organizational abilities. | 1 | 6 |
| **Thematic block\*\* III – Branches of General Psychology** | | | |
| **12** | Lecture 12 Main issues of cultural psychology. | 2 | 1 |
| Practical lesson 12 Cultural-historical approach in psychology (L.S. Vygotsky, A.S. Luria, M. Cole) | 1 | 5 |
| Theme of Self-work (SRD) Describe basic phenomena of cross-cultural psychology. | 1 | 6 |
| **13** | Lecture 13 Main issues of psychology of labor. | 2 | 1 |
| Practical lesson 13 Basic phenomena of psychology of labor. | 1 | 5 |
| Theme of Self-work (SRD) Describe psychological states and stages experienced at work. | 1 | 6 |
| **14** | Lecture 14 Main issues of medical (clinical) psychology | 2 |  |
|  | Practical lesson 14 Basic phenomena of medical (clinical) psychology | 1 |  |
|  | Theme of Self-work (SRD) Distinguish groups of psycho-types, accentuated personalities and characters (P.B. Gannushkin, K. Leongard, A.E. Lichko) |  |  |
| **15** | **RC 2** | 1 | **16** |
| **Total** | |  | **100** |
| **Exam** | |  | **100** |

**Politics of Academic Behavior and Ethics**

Be tolerant, respect other people's opinions. Objections formulate in the correct form. Plagiarism and other forms of cheating are not allowed. Prompting and cheating during delivery self-work, interim control and examination, copying problems solved by others, taking exam for another student is unacceptable. A student convicted of falsifying any information of the course will receive a final grade «F».

## Considered and recommended at the meeting of General and Applied Psychology On 02.09.2016, Protocol N 42

## Methodical Bureau confirmed on 24.08.2017.

## Bibliography

## Main Bibliography

1. [Gross](https://www.amazon.co.uk/s/ref=dp_byline_sr_book_1?ie=UTF8&text=Richard+Gross&search-alias=books-uk&field-author=Richard+Gross&sort=relevancerank) Richard. Psychology: The Science of Mind and Behaviour. - Hodder Education; 7th Revised edition, 2015. – 1000 p.
2. [Olson](https://www.amazon.com/Matthew-H.-Olson/e/B001ILICCI/ref=dp_byline_cont_book_1)  Matthew H., [Hergenhahn](https://www.amazon.com/s/ref=dp_byline_sr_book_2?ie=UTF8&text=B.R.+H.+Hergenhahn+Ph.D.++Professor+Emeritus&search-alias=books&field-author=B.R.+H.+Hergenhahn+Ph.D.++Professor+Emeritus&sort=relevancerank) B.R. An Introduction to Theories of Personality, 8th Edition. - Pearson, 2010.- 584 p.
3. Leahey T. A History of Psychology. From Antiquity to Modernity, 7th Edition.-

Routledge. 2012 – 576 p.

1. PSYCHOLOGY: Adapted Readings / Ed. by Jerome Kagan, Marshall M. Haith, Catherine Caldwell. – New York; Chicago; San Francisco; Atlanta: Harcourt Brace Jovanovich, Inc., 1971. – 404 p.

**Additional** **Bibliography**

1. A History of Psychology / Benjamin L.T. (Ed). – N.Y.: McGraw-Hill, 1988. – 560 p.
2. Lamiell J.T. The Psychology of Personality: An Epistemological Inquiry. – N.Y.: Columbia University Press, 1987. – 217 p.
3. Ornstein Robert E. (ed.). The Nature of Human Consciousness. A Book of Readings. – San Francisco: W.H. Freeman and Company, 1973. – 514 p.
4. Веккер Л.М. Психика и реальность: Единая теория психических процессов. – М.: Смысл; Per Se, 2000. – 685 с.
5. Тихомиров О.К. Психология: Учебник / Под ред. О.В. Гордеевой. – М.: Высшее образование, 2006. – 538 с.
6. Филатов Ф.Р. Общая психология. Серия "Высший балл". – Ростов – на – Дону: Феникс, 2003. – 448 с.

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**Head of the General and Implied Psychology Department Z.B. Madalieva**

**Professor, higher doctor of psychological sciences D.D. Duisenbekov**